

Serotonin that is released in your brain regulates anxiety, happiness and mood swings.

Emotional Rescue™ patch is a product that was developed as a complementary therapy program that is accepted by Doctors and Practitioners as an aid to support and restore the body's energetic function.

Made in the U.S.A.



Anger and frustration affect your daily life! Have they harmed your relationships at your work place, and/or your family? Do you find it difficult to return to a normal state of mind after being aggravated? No matter how hard you try, do you find yourself overcome with your own emotions?

The Emotional Rescue patch has been designed to support the way your brain and body handle anger, frustration, and the stress caused by these toxic emotions.

Use Emotional Rescue patch when experiencing: anger and frustration. Use it as well to provide a beneficial support in any therapy dealing with anger and frustration management.

This patch has been tested extensively and proven by the many who have experienced them to provide rapid relief to your body's coping mechanisms to handle anger and frustration.

Emotional Rescue with added serotonin in the right amount is important. There are other things you can to do to keep yourself feeling better: calm breathing, developing positive attitudes enjoying funny movies or tranquil music, talking on the phone, and exercising and going for walks.

Levels of Serotonin are Concerning

Low levels of serotonin have been associated with depression, and increased serotonin levels brought on by medication are thought to decrease arousal.

Emotionally Benefits from using the patch:

- Feel safe and secure; feel you have safe territory
- Regularly use gives and receive quality attention.
- Feel a sense of influence and control over your life.
- Feel part of a wider community.
- You begin to enjoy friendship, fun, love, and intimacy with significant people.
- Feel a sense of status; basically, feel you have a recognizable role in life.

This connects to a sense of competence and achievement. Feel stretched but not stressed to avoid stagnation, boredom, and to enhance self-esteem and a sense of status in life.

When these are met adequately, we then feel our life has meaning and purpose.

Not meeting basic needs leaves us feeling that life is pointless and meaningless and will leave us wide open to emotional problems.

Emotional Rescue™

Instructions: The Emotional Rescue patch is to be applied to your body, (Left shoulder) to help manage feelings of anger, depression and frustration.

Made to last for 3 days, then discard.

Apply another patch and wear it for additional 3 days to help manage anger.

Repeat this procedure for 30 days or until you can manage your aggression and frustration.

If needed, continue with procedure for an additional 30 days.

What is Serotonin

Serotonin and Mood

Serotonin is a chemical that the body produces naturally. It's needed for the nerve cells and brain to function. But too much serotonin causes signs and symptoms that can range from mild (shivering and diarrhea) to severe (muscle rigidity, fever and seizures).

People with deficiencies suffer from anxiety, panic attacks, and obsessive behaviors. Serotonin is released in the bloodstream through sunlight, massage, exercise, and recalling happy events. There is still ongoing research on this hormone as the effects on the body seem endless.

While there's a link between low levels of serotonin and depression, it's not clear whether low serotonin levels cause depression or whether depression causes a drop in serotonin levels. As a neurotransmitter, serotonin sends messages between nerve cells in the brain. That makes serotonin an important molecule for influencing mental health and brain function.

Serotonin in Brain Function

In addition to depression, serotonin may play a role in other brain and mental health disorders, including anxiety disorder, obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), phobias, and even epilepsy.

Serotonin plays an important role in many other body functions, too. It's involved in appetite and digestion (bowel function and bowel movements), bone health, sex, and sleep.

Serotonin is a precursor to melatonin, a chemical that helps regulate the body's sleep-wake cycle. (2) Certain antidepressants that raise serotonin levels have been associated with sexual dysfunction.

What Does Serotonin Regulate?

Serotonin is known to be involved in many bodily functions, ranging from regulating mood to digesting food.

Mood

Serotonin's effects in the brain could be considered its "starring role" in the body. As it helps regulate your mood, serotonin is often called the body's natural "feel-good" chemical.

Digestion

Serotonin contributes to normal bowel function and reduces your appetite as you eat to help you know when you're full.

Sleep

The exact nature of serotonin's role in sleep has been debated by researchers, but it's believed to influence when, how much, and how well you sleep.

Sexual Function

Serotonin's influence on libido is also somewhat related to the neurotransmitter's relationship to another chemical in the brain: dopamine.

Food and Exercise

Many foods naturally contain serotonin, but your body also needs other nutrients, such as tryptophan, vitamin B6, vitamin D, and omega-3 fatty acids, to produce the neurotransmitter. Walking and exercise is also a benefit.